



1
Year

Developmental Milestones

Does your child...

Receptive Language

- Respond to his/her name?
- Follow 1-step directions (e.g. come here)?
- Play appropriately with toys (e.g. bounces a ball or "drives" a car)?
- Look at you when you talk to him/her?
- Recognize words as symbols for objects (when he hears cat he "meows")?
- Respond appropriately to "no"?

Expressive Language

- Say 2-3 words other than "mama" and "dada"?
- Imitate familiar words, sounds and actions?
- Use gestures to communicate (e.g. pointing)?

Pragmatic Language

- Enjoy playing peek-a-boo and pat-a-cake?
- Recognize and display affection to familiar people?
- Wave "bye"?
- Direct others' behavior physically and through gestures (pulls/tugs on adult)?
- Vary behavior according to emotional reactions of others; repeats actions that are laughed at?
- Use pointing to learn new vocabulary?

Gross Motor

- Use a stable object to pull him/herself up to sitting or standing position?
- Maintain a sitting posture while using hands and legs to scoot forward?
- Lower him/herself from standing to sitting position without falling?
- Take 4 alternating steps in place or forward?
- Stop his/her fall by extending arm(s) backward?

Fine Motor

- Grab small objects with his/her thumb and index finger and place it in a cup?
- Remove his/her socks?
- Crumple paper with his/her palm(s)?
- Grab a string to pull a toy closer to him/her?
- Attempt to feed self with a spoon?
- Drink from a cup?

Sources

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Irla Lee Zimmerman, PhD, Violette G. Steiner, BS, Roberta Evatt Pond, MA. (2011). Preschool Language Scales, Fifth Edition. Pearson.
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Contact Therapy Center Of Buda if you are concerned about your child's development.

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