



**1**  
Year

## Developmental Milestones

Does your child...

### Receptive Language

- Respond to his/her name?
- Follow 1-step directions (e.g. come here)?
- Play appropriately with toys (e.g. bounces a ball or "drives" a car)?
- Look at you when you talk to him/her?
- Recognize words as symbols for objects (when he hears cat he "meows")?
- Respond appropriately to "no"?

### Expressive Language

- Say 2-3 words other than "mama" and "dada"?
- Imitate familiar words, sounds and actions?
- Use gestures to communicate (e.g. pointing)?

### Pragmatic Language

- Enjoy playing peek-a-boo and pat-a-cake?
- Recognize and display affection to familiar people?
- Wave "bye"?
- Direct others' behavior physically and through gestures (pulls/tugs on adult)?
- Vary behavior according to emotional reactions of others; repeats actions that are laughed at?
- Use pointing to learn new vocabulary?

### Gross Motor

- Use a stable object to pull him/herself up to sitting or standing position?
- Maintain a sitting posture while using hands and legs to scoot forward?
- Lower him/herself from standing to sitting position without falling?
- Take 4 alternating steps in place or forward?
- Stop his/her fall by extending arm(s) backward?

### Fine Motor

- Grab small objects with his/her thumb and index finger and place it in a cup?
- Remove his/her socks?
- Crumple paper with his/her palm(s)?
- Grab a string to pull a toy closer to him/her?
- Attempt to feed self with a spoon?
- Drink from a cup?

#### Sources

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**Contact Therapy Center Of Buda if you are concerned about your child's development.**

[www.therapycenterofbuda.com](http://www.therapycenterofbuda.com) | [info@therapycenterofbuda.com](mailto:info@therapycenterofbuda.com)  
Phone: (512) 295-2273 | 1750 FM 967, Suite A | Buda, Texas 78610